

Introduction to quantum thermodynamics

An open systems perspective

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Lecture 1 Feb 7: **Background** – foundational quantum mechanics, open quantum systems, equilibrium descriptions.

Lecture 2 Feb 14: **Markovian master equations** – microscopic derivation, 1st and 2nd laws of thermodynamics.

Lecture 3 Feb 21: **Quantum thermal machines** – discrete heat engines and refrigerators, quantum Otto cycle.

Lecture 4 Feb 28: **Strong system-reservoir coupling** – mean force Gibbs state, nonequilibrium descriptions.

Last week

Markovian master equation:

- Dynamical semigroup

$$\Phi_{t+s} = \Phi_t \circ \Phi_s \quad \forall t, s \geq 0$$

Written in form $\Phi_t = e^{\mathcal{L}t}$

Last week

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Written in form $\Phi_t = e^{\mathcal{L}t}$

GKSL theorem

General construction of generator \mathcal{L} of quantum dynamical semigroup:

$$\mathcal{L}(\rho) = -i[H_0, \rho] + \sum_{k=1}^{d^2-1} \gamma_k \left(V_k \rho V_k^\dagger - \frac{1}{2} \{V_k^\dagger V_k, \rho\} \right)$$

where

- H_0 is a self-adjoint operator.
- $V_k \in \mathcal{B}(\mathcal{H}_S)$ are Lindblad operators.
- $\gamma_k \geq 0$ are transition rates.

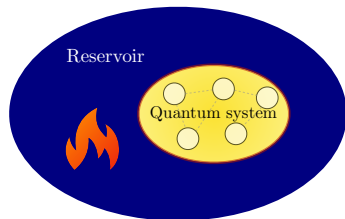
Last week

Markovian master equation:

- Microscopic derivation

$$H = H_S + H_R + \alpha \sum_k A_k \otimes B_k$$

where A_k and B_k are self-adjoint system and reservoir operators.



H.-P Breuer, F. Petruccione, *The theory of open quantum systems*, 2002

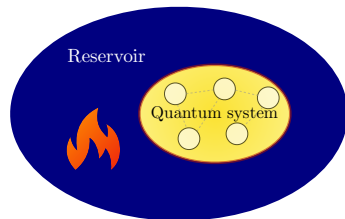
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Markovian master equation (GKSL form)

Dynamics of open system in weak contact with thermal reservoir:

$$\frac{d}{dt}\rho_S(t) = \mathcal{L}(\rho_S) = -i[H_S, \rho_S] + \alpha^2 \sum_{\omega} \sum_{k,l} \gamma_{kl}(\omega) \left[A_l(\omega) \rho_S A_k^\dagger(\omega) - \frac{1}{2} \{ A_k^\dagger(\omega) A_l(\omega), \rho_S \} \right]$$

where $A_k = \sum_{\omega} A_k(\omega)$, and $\gamma(\omega) \geq 0$.

- **Born** approx – $\rho(t) \approx \rho_S(t) \otimes \pi_R(\beta)$
- **Markov** approx – $\tau_R \ll \tau_I$
- **Secular** approx – $\tau_S \ll \tau_I$

H.-P Breuer, F. Petruccione, *The theory of open quantum systems*, 2002

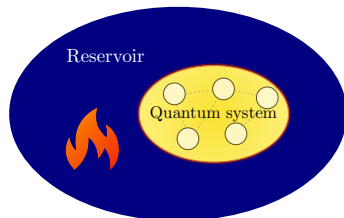
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where $A_k = \sum_{\omega} A_k(\omega)$, and $\gamma(\omega) \geq 0$.

KMS condition: $\langle \tilde{B}_k(-t) B_l \rangle_{\beta} = \langle B_l \tilde{B}_k(t - i\beta) \rangle_{\beta}$

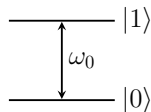
$$\Rightarrow \mathcal{L}(\pi_S^{\beta}) = 0, \quad \pi_S^{\beta} = \frac{e^{-\beta H_S}}{\text{Tr } e^{-\beta H_S}}$$

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Two-level system

Hamiltonian:

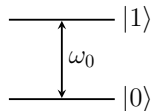
$$H = \frac{\omega_0}{2} \sigma_z + \sum_k \omega_k b_k^\dagger b_k + \sigma_x \otimes B$$



Two-level system

Hamiltonian:

$$H = \frac{\omega_0}{2} \sigma_z + \sum_k \omega_k b_k^\dagger b_k + \sigma_x \otimes B$$



Example (Construction of MME)

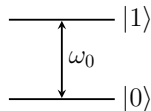
- System $\mathcal{H}_S = \text{span}\{|0\rangle, |1\rangle\}$:

$$H_S = \frac{\omega_0}{2} (|1\rangle\langle 1| - |0\rangle\langle 0|) \quad H_S|0\rangle = -\frac{\omega_0}{2}|0\rangle, \quad H_S|1\rangle = +\frac{\omega_0}{2}|1\rangle$$

Two-level system

Hamiltonian:

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- Reservoir (Bosonic Fock space):

$$H_R = \sum_k \omega_k b_k^\dagger b_k \quad [H_R, b_k] = -\omega_k b_k, \quad [H_R, b_k^\dagger] = \omega_k b_k^\dagger$$

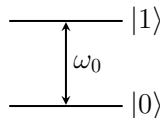
- Interaction:

$$A = \sigma_x = |0\rangle\langle 1| + |1\rangle\langle 0|, \quad B = \sum_k (g_k^* b_k + g_k b_k^\dagger)$$

Two-level system

Hamiltonian:

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Example (Construction of MME)

- **Lindblad operators** $A(\omega) = \sum_{\epsilon' - \epsilon = \omega} \Pi(\epsilon) A \Pi(\epsilon')$, $\epsilon, \epsilon' \in \{\frac{-\omega_0}{2}, \frac{\omega_0}{2}\}$:

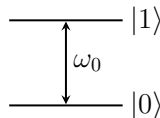
$$A(\omega_0) = |0\rangle\langle 0| \sigma_x |1\rangle\langle 1| = \sigma_- \quad A(-\omega_0) = |1\rangle\langle 1| \sigma_x |0\rangle\langle 0| = \sigma_+$$

where $\sigma_- \equiv \sigma_+^\dagger = |0\rangle\langle 1|$.

Two-level system

Hamiltonian:

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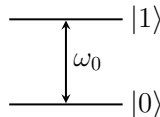
- **Reservoir correlation functions:**

$$C(t) = \langle \tilde{B}(t) B \rangle_\beta = \sum_{k, k'} \left\langle [g_k^* \tilde{b}_k(t) + g_k \tilde{b}_k^\dagger(t)] [g_{k'}^* b_{k'} + g_{k'} b_{k'}^\dagger] \right\rangle_\beta$$

Two-level system

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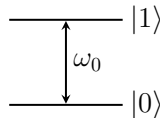
$$C(t) = \langle \tilde{B}(t) B \rangle_\beta = \sum_{k, k'} \left\langle [g_k^* \tilde{b}_k(t) + g_k \tilde{b}_k^\dagger(t)] [g_{k'}^* b_{k'} + g_{k'} b_{k'}^\dagger] \right\rangle_\beta$$

$$\tilde{b}_k(t) = e^{iH_R t} b_k e^{-iH_R t} = b_k e^{-i\omega_k t}, \quad \tilde{b}_k^\dagger(t) = e^{iH_R t} b_k^\dagger e^{-iH_R t} = b_k^\dagger e^{i\omega_k t}$$

Two-level system

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- **Reservoir correlation functions:**

$$C(t) = \langle \tilde{B}(t) B \rangle_\beta = \sum_k |g_k|^2 \left[n_\beta(\omega_k) e^{i\omega_k t} + (1 + n_\beta(\omega_k)) e^{-i\omega_k t} \right]$$

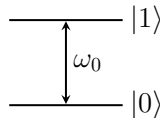
having used $\langle b_k b_{k'}^\dagger \rangle_\beta = (1 + n_\beta(\omega_k)) \delta_{kk'}$, $\langle b_k^\dagger b_{k'} \rangle_\beta = n_\beta(\omega_k) \delta_{kk'}$, where

$$n_\beta(\omega) = \frac{1}{e^{\beta\omega} - 1}$$

Two-level system

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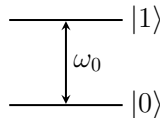
- **Transition rates:**

$$\gamma(\omega) = \int_{-\infty}^{\infty} dt C(t) e^{i\omega t}$$

Two-level system

Hamiltonian:

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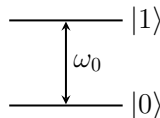
- **Transition rates:**

$$\gamma(\omega) = \int_{-\infty}^{\infty} dt C(t) e^{i\omega t} = 2\pi \sum_k |g_k|^2 \left[n_\beta(\omega_k) \delta(\omega + \omega_k) + (1 + n_\beta(\omega_k)) \delta(\omega - \omega_k) \right]$$

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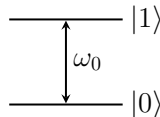
$$\gamma(\omega) = \int_{-\infty}^{\infty} dt C(t) e^{i\omega t} = 2\pi \int_0^{\infty} d\nu |g(\nu)|^2 \varrho(\nu) \left[n_\beta(\nu) \delta(\omega + \nu) + (1 + n_\beta(\nu)) \delta(\omega - \nu) \right]$$

where $\varrho(\omega)$ is the reservoir density of states.

Two-level system

Hamiltonian:

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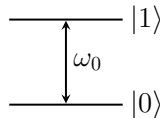
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$$\gamma(\omega_0) = 2\pi |g(\omega_0)|^2 \varrho_0 (1 + n_\beta(\omega_0)), \quad \gamma(-\omega_0) = 2\pi |g(\omega_0)|^2 \varrho_0 n_\beta(\omega_0)$$

Two-level system

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$$H = \frac{\omega_0}{2} \sigma_z + \sum_k \omega_k b_k^\dagger b_k + \sigma_x \otimes B$$



Example (Two-level system)

Markovian master equation:

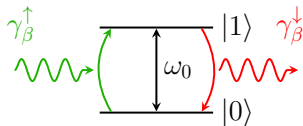
$$\begin{aligned} \frac{d}{dt} \rho_S(t) = & -i[H_S, \rho_S(t)] + \gamma_\beta^\downarrow \left(\sigma_- \rho_S \sigma_+ - \frac{1}{2} \{ \sigma_+ \sigma_-, \rho_S \} \right) \\ & + \gamma_\beta^\uparrow \left(\sigma_+ \rho_S \sigma_- - \frac{1}{2} \{ \sigma_- \sigma_+, \rho_S \} \right) \end{aligned}$$

where $\gamma_\beta^\downarrow = 2\pi |g(\omega_0)|^2 \varrho_0 (1 + n_\beta(\omega_0))$ and $\gamma_\beta^\uparrow = 2\pi |g(\omega_0)|^2 \varrho_0 n_\beta(\omega_0)$.

Two-level system

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Example (Two-level system)

Markovian master equation:

$$\begin{aligned} \frac{d}{dt} \rho_S(t) = & -i[H_S, \rho_S(t)] + \underbrace{\gamma_\beta^\downarrow \left(\sigma_- \rho_S \sigma_+ - \frac{1}{2} \{ \sigma_+ \sigma_-, \rho_S \} \right)}_{\text{Thermal emission}} \\ & + \underbrace{\gamma_\beta^\uparrow \left(\sigma_+ \rho_S \sigma_- - \frac{1}{2} \{ \sigma_- \sigma_+, \rho_S \} \right)}_{\text{Thermal absorption}} \end{aligned}$$

where $\gamma_\beta^\downarrow = 2\pi |g(\omega_0)|^2 \varrho_0 (1 + n_\beta(\omega_0))$ and $\gamma_\beta^\uparrow = 2\pi |g(\omega_0)|^2 \varrho_0 n_\beta(\omega_0)$.

Contents – lecture 3

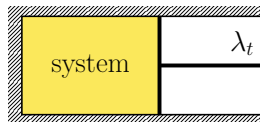
- 1 Recap – Markovian master equations
 - Example – Two-level system
- 2 1st and 2nd laws of thermodynamics
- 3 Quantum thermal machines
 - Heat engines and refrigerators
 - Quantum Otto cycle
- 4 Summary

1st law

Hamiltonian: $H(\lambda_t) = H_S(\lambda_t) + H_R + V$

Isolated system $\Delta U = W$:

- Internal energy: $U(t) = \text{Tr}[H(\lambda_t)\rho(t)]$



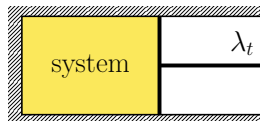
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$$\Delta U = \int_0^t ds \text{Tr}[\dot{H}(\lambda_s)\rho(s)] = \int_0^t ds \text{Tr}_S[\dot{H}_S(\lambda_s)\rho_S(s)] \equiv W$$



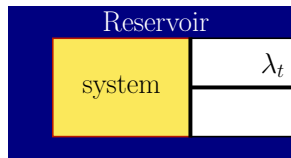
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Open system $\Delta U_S = W + Q$

(Vinjanampathy & Anders, CP 2016)

- **Internal energy:** $\text{Tr}[H(\lambda_t)\rho(t)] \approx \text{Tr}[H_S(\lambda_t)\rho_S(t)] + \text{Tr}[H_R\rho_R(t)]$

$$\Rightarrow U_S(t) \approx \text{Tr}[H_S(\lambda_t)\rho_S(t)]$$

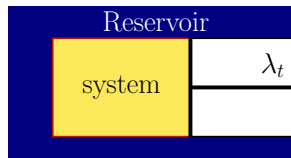
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$$\Rightarrow U_S(t) \approx \text{Tr}[H_S(\lambda_t)\rho_S(t)]$$

$$\Delta \dot{U}_S = \text{Tr}[\dot{H}_S(\lambda_t)\rho_S(t)] + \text{Tr}[H_S(\lambda_t)\dot{\rho}_S(t)]$$

- **Heat:**

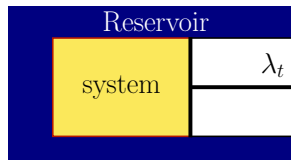
$$Q = \int_0^t ds \text{Tr}[H_S(\lambda_s)\dot{\rho}_S(s)] = \int_0^t ds \text{Tr}[H_S(\lambda_s)\mathcal{L}(\rho_S)]$$

2nd law

Heat: $Q = \int_0^t ds \operatorname{Tr}[H_S(\lambda_s) \mathcal{L}(\rho_S)]$

Relative entropy:

$$S(\rho_1 || \rho_2) = \operatorname{Tr}[\rho_1 (\ln \rho_1 - \ln \rho_2)] \geq 0$$

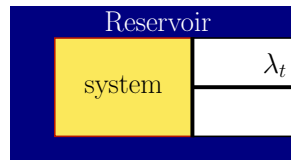


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Open system $\dot{\sigma}_S \geq 0$

(Vinjanampathy & Anders, CP 2016)

- **Monotonicity of relative entropy:** $S(\Phi \rho_1 || \Phi \rho_2) \leq S(\rho_1 || \rho_2)$

$$\mathcal{L}(\pi_S^\beta) = 0 \Rightarrow \dot{\sigma}_S \equiv -\frac{d}{dt} S(\rho_S || \pi_S^\beta) \geq 0$$

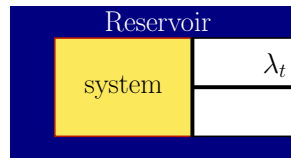
H. Spohn, *Entropy production for quantum dynamical semigroups*, 1978

2nd law

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Open system $\dot{\sigma}_S \geq 0$

(Vinjanampathy & Anders, CP 2016)

- **Monotonicity of relative entropy:** $S(\Phi \rho_1 || \Phi \rho_2) \leq S(\rho_1 || \rho_2)$

$$\mathcal{L}(\pi_S^\beta) = 0 \Rightarrow \dot{\sigma}_S \equiv -\frac{d}{dt} S(\rho_S || \pi_S^\beta) \geq 0$$

- **Spohn's inequality:** $-\operatorname{Tr}[\mathcal{L}(\rho_S)(\ln \rho_S(t) - \ln \pi_S^\beta)] \geq 0$

$$\dot{\sigma}_S = \frac{d}{dt} S(\rho_S) - \beta \dot{Q} \geq 0$$

where $S(\rho_S) = -\operatorname{Tr}[\rho_S \ln \rho_S]$ is the von Neumann entropy.

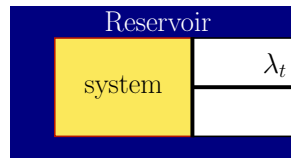
H. Spohn, *Entropy production for quantum dynamical semigroups*, 1978

2nd law

Heat: $Q = \int_0^t ds \operatorname{Tr}[H_S(\lambda_s) \mathcal{L}(\rho_S)]$

Relative entropy:

$$S(\rho_1 || \rho_2) = \operatorname{Tr}[\rho_1 (\ln \rho_1 - \ln \rho_2)] \geq 0$$



Open system $\dot{\sigma}_S \geq 0$

(Vinjanampathy & Anders, CP 2016)

- **Monotonicity of relative entropy:** $S(\Phi \rho_1 || \Phi \rho_2) \leq S(\rho_1 || \rho_2)$

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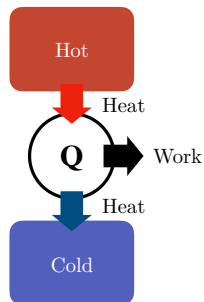
H. Spohn, *Entropy production for quantum dynamical semigroups*, 1978

Continuous and reciprocating machines

Continuous thermal machines:

$$\frac{d}{dt}\rho_S(t) = -i[H_S(\lambda_t), \rho_S(t)] + \sum_{\alpha=h,c} \mathcal{D}_{\beta_\alpha}(\rho_S)$$

where $\lambda_t = \lambda_{t+T}$.



S. Bhattacharjee, A. Dutta *Quantum thermal machines and batteries*, 2021

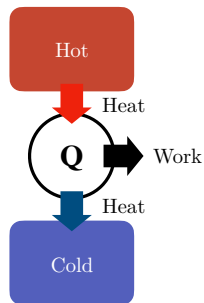
Continuous and reciprocating machines

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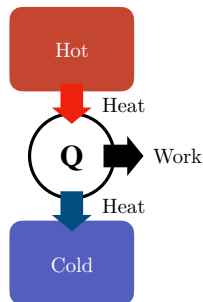
- **Power:**

$$\mathcal{P} = \dot{W}_{\text{out}} = -\text{Tr} \left[\frac{\partial H_S(\lambda_t)}{\partial t} \rho_S(t) \right]$$

- **Heat currents:**

$$J_\alpha = \dot{Q}_\alpha = \text{Tr}[H_S(\lambda_t) \mathcal{D}_{\beta_\alpha}(\rho_S)]$$

Heat engine $\mathcal{P} > 0$.

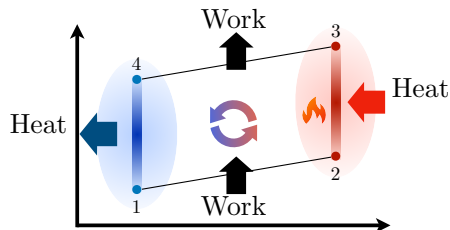


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Continuous and reciprocating machines

Reciprocating thermal machines:

- Work and heat exchange occur over sequence of **strokes**.



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Continuous and reciprocating machines

Reciprocating thermal machines:

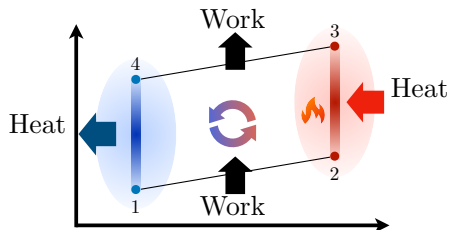
- Work and heat exchange occur over sequence of **strokes**.
- **Power:**

$$\mathcal{P} = \frac{W_{\text{out}}}{t_1 + t_2 + t_h + t_c}$$

- **Efficiency:**

$$\eta = \frac{W_{\text{out}}}{Q_h}$$

Heat engine $\mathcal{P} > 0$.



Reciprocating heat engine

Quantum Otto cycle (4-stroke):

$$\Phi^{\text{Otto}} = \Phi_{t_c} \circ \Phi_{t_2} \circ \Phi_{t_h} \circ \Phi_{t_1}$$

$$\text{Working medium } H_S(\lambda_t) = \frac{\lambda_t}{2}(\sigma_z + \mathbb{1})$$

- 1 → 2: **Adiabatic compression** ($\lambda_2 > \lambda_1$)

$$W_1 = \text{Tr}\{[H_S(\lambda_2) - H_S(\lambda_1)]\pi_S^{\beta_c}\}$$

- 2 → 3: **Hot isochore**

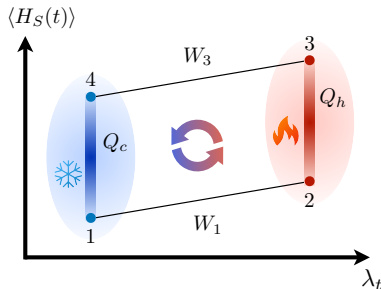
$$Q_h = \text{Tr}\{H_S(\lambda_2)[\pi_S^{\beta_h} - \pi_S^{\beta_c}]\}$$

- 3 → 4: **Adiabatic expansion** ($\lambda_1 < \lambda_2$)

$$W_2 = \text{Tr}\{[H_S(\lambda_1) - H_S(\lambda_2)]\pi_S^{\beta_h}\}$$

- 4 → 1: **Cold isochore**

$$Q_c = \text{Tr}\{H_S(\lambda_1)[\pi_S^{\beta_c} - \pi_S^{\beta_h}]\}$$



Reciprocating heat engine

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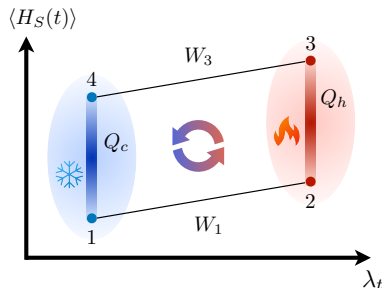
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'coherence free'

$$[H_S(t), H_S(t')] = 0, \forall t, t'$$

Reciprocating heat engine

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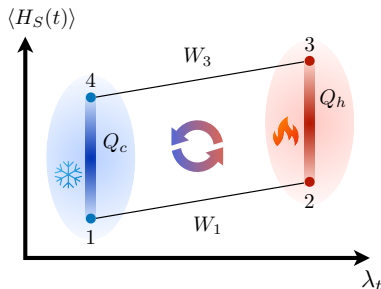
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Efficiency

$$\eta = \frac{-W_1 - W_2}{Q_h} = 1 - \frac{\lambda_1}{\lambda_2}$$

Overview

In this lecture we have:

- Derived the Markovian master equation for a two-level system.
- Developed the 1st and 2nd laws of thermodynamics with the MME framework.
- Analyzed a quantum Otto cycle.

Next lecture:

- Extensions to strong system-reservoir coupling.

Thank you



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